

SERENE BREAST IMPLANT SIZING CHART



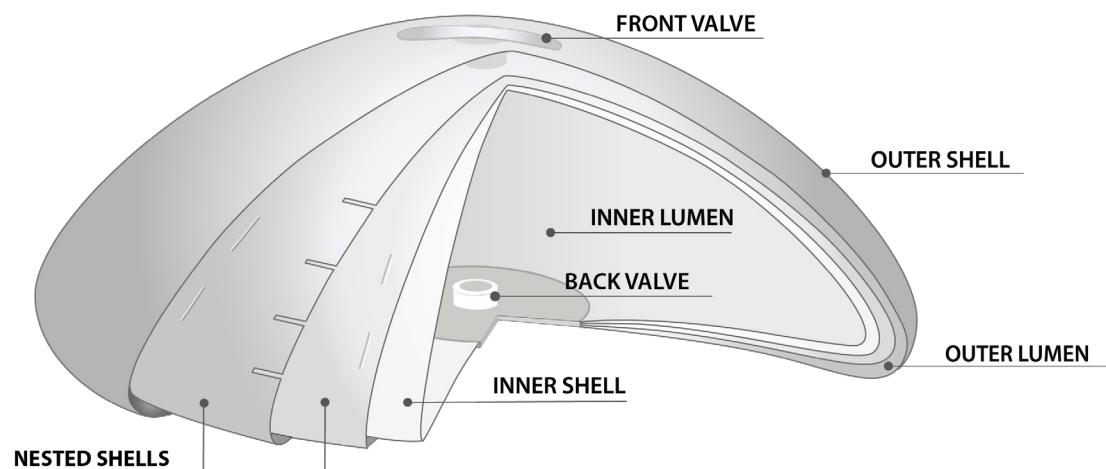
Moderate Profile at Minimum Fill
Full Profile at Maximum Fill

EMPTY + INNER + OUTER = TOTAL VOLUME

IMPLANT SIZE	EMPTY IMPLANT VOLUME	INNER LUMEN SALINE	OUTER LUMEN SALINE	TOTAL IMPLANT VOLUME	BASE DIAMETER	PROJECTION
210cc	30cc	120cc	60 - 85cc	210 - 235cc	10.1 - 10.0cm	3.5 - 4.3cm
240cc	33	142	65 - 95	240 - 270	10.5 - 10.4	3.6 - 4.5
270cc	35	165	70 - 105	270 - 305	11.0 - 10.8	3.8 - 4.7
300cc	37	188	75 - 115	300 - 340	11.4 - 11.2	3.9 - 4.9
335cc	52	188	95 - 135	335 - 375	11.9 - 11.7	4.0 - 5.1
370cc	56	214	100 - 145	370 - 415	12.2 - 12.0	4.1 - 5.2
405cc	60	235	110 - 160	405 - 455	12.5 - 12.4	4.2 - 5.4
440cc	64	261	115 - 170	440 - 495	12.9 - 12.8	4.3 - 5.6
475cc	68	287	120 - 180	475 - 535	13.3 - 13.1	4.4 - 5.7
515cc	72	318	125 - 190	515 - 580	13.6 - 13.4	4.5 - 5.8
555cc	76	344	135 - 205	555 - 625	13.9 - 13.8	4.6 - 6.0
595cc	94	346	155 - 230	595 - 670	14.3 - 14.2	4.7 - 6.1
635cc	102	373	160 - 235	635 - 710	14.6 - 14.5	4.8 - 6.2
675cc	110	405	160 - 240	675 - 755	14.9 - 14.8	4.9 - 6.3



SERENE STRUCTURED SALINE BREAST IMPLANT QUICK FILL INSTRUCTIONS



PREPARE IMPLANT:

1. Insert both fill tubes supplied with the implant on the front and back valves. Squeeze air out of implant.
2. While maintaining compression, attach Braun check valves to fill tubes (check valves keep air from coming back into implant). Insert the tube marked 'Back, Big, Begin' into the back (posterior) valve. Insert the unmarked tube into the front (anterior) valve.
3. Attach a 60 cc syringe (physician supplied) and aspirate as much air as possible from back valve/lumen (some air will remain). Do same to front valve/lumen (some air will remain).
4. To protect front and back valves and ensure they are covered during the insertion, fold implant in half, then extend each side down (like a gull wing).

INSERT & FILL IMPLANT:

1. The implant can be inserted via inframammary, transaxillary or peri-areolar incisions. Maintain fold during insertion.
2. Connect IV extension tube to center of 3-way stopcock (physician supplied), run saline to remove air from tubing.
3. Attach 60cc syringe to Luer connector (to keep air from getting into connection). Attach back fill tube to 3-way stopcock.
4. Turn 3-way control so fill tube is off. Draw saline from IV bag into syringe.
5. Turn 3-way control so IV tube is off. Push saline through fill tube into back lumen of implant. When back lumen is filled, lift the patch off chest wall with fingertip (to create a bit of an angle) and pull back fill tube straight out of valve. Palpate to confirm valve strap is seated in channel. Repeat fill steps with front fill tube to fill lumen to desired height and projection.

NOTES:

- There is no need to remove all air from implant before inserting
- 10-15cc of air typically remains in the implant, and is absorbed by the body
- There is no need to overfill the implant
- Be sure valve straps are seated tightly in valve channels - use your fingertip to confirm they are in place
- Physician supplied materials: 60cc syringe, 3-way stopcock and IV extension tube, saline

For full instructions, video and
information, visit our website:
www.serenebreastimplants.com

